

# City of Hawthorne - CITY HALL

4455 W. 126<sup>th</sup> Street, Hawthorne, CA 90250 www.cityofhawthorne.com (310) 349-2900



3901 W. El Segundo Blvd., Hawthorne, CA 90250 www.cityofhawthorne.org/parks-and-recs-home-page (310) 349-1640

#### **Online Registration**

https://apm.activecommunities.com/hawthornerecreation

#### **Hours of Operation**

Monday-Thursday 7:30 am-5:30 pm Friday 7:30 am-4:30 pm

Closed Alternate Fridays: May 11, 25; June 8, 22; July 6, 20;

August 3, 17, 31; 2018

#### **Holidays**

May 25; July 4; 2018

## **City of Hawthorne City Council**

Mayor: Alex Vargas

Mayor Pro Tem: Haidar Awad

**Council Members:** Angie English, Nilo Michelin, Olivia Valentine City Council meetings are held the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month at 6 pm in the City Hall Council Chambers. *For more information please call (310) 349-2908.* 

City Manager: Arnold Shadbehr (Interim)

City Clerk: Norb Huber

City Treasurer: L. David Patterson

#### **Parks & Recreation and Fine Arts Commission**

Chairperson: Richard Huhn

**Commissioners:** Solo Azuoma, Herminia Balboa, Charles Bowie Jr., David Hughes, Gloria Plascencia, Kevin Posey

Meetings are held on the 1<sup>st</sup> Tuesday of every month at 6 pm in the City Hall Council Chambers. *For more information please call* (310) 349-1640.

#### **Senior Citizens Commission**

Chairperson: Juanita Y. Douse Vice Chairperson: Darlene Love

Commissioners: Darvis J. Johnson, Dr. Joseph N. Jackson,

Judy Ramirez

Meetings are held on the 1<sup>st</sup> Wednesday of every month at 3 pm in the City Hall Council Chambers. For more information please call (310) 349-1640.

# **GOT A SKILL?** Teach in Hawthorne!

The Recreation & Community Services Department is always looking for new teachers to contract with the city! If you have a special skill, athletic ability, or hobby that you would like to share and teach to others in the community, we would like to hear from you! Contact the department at (310) 349-1640.



# SUMMER 2018 RECREATION PROGRAMS

Classes will begin May 7, 2018

#### **Table of Contents**

# HOW TO READ THE CLASS SCHEDULE

Class #: Class Code

**6-13:** Age Group Class Offered To

June 6 - Sept. 5: Length of Class
Wed.: Day(s) Class Offered
11:00 - 11:55 am: Time(s) Class Offered

See Registration Information and Addresses of Locations on page 3.

## REGISTRATION FOR CLASSES IS EASY!

## **Registration Information**

#### 1. ONLINE

- 1. Go to www.cityofhawthorne.org
- 2. Click on Recreation & Community Services
- 3. Click on Recreation Classes Schedule
- 4. Click on Register for Activities
- Click on Create an Account (Only if this is your first time registering online. Follow the steps listed.)
- 6. Enter Username & Password
- 7. Sort by Location, Activity Name, Class Number
- 8. Click on Name of Activity
- 9. If this is the class, click Add to My Cart
- 10. Follow the steps for payment

#### 2. WALK-IN

Recreation & Community Services Department 3901 W. El Segundo Blvd. Hawthorne, CA 90250

#### 3. REGISTER WITH INSTRUCTOR

You register the first day of class with the instructor unless noted. You must fill out a registration form for each activity the first day of class.

#### **Payment**

- Only cash, checks, or money orders are accepted.
- Checks are to be made payable to the City of Hawthorne, and must have a drivers license number written on check.
- VISA & MasterCard are accepted for preregistration activities only (ie. Dog Obedience, Special Events, Clinics, etc)
- Insufficient checks will be charged a \$25.00 processing fee.

## **Refund Policy**

- A non-refundable 15% administrative fee per class or sports league will be assessed by the recreation department for any patron granted a refund, change or transfer per class or sports league registration.
- No full refund will be issued unless a class or league is cancelled by the recreation department.
- If a refund is necessary for to a medical emergency, please visit the Recreation & Community Services Department M-Th between the hours of 7:30 am 5:30 pm and fill out a refund request form and attached a copy of the medical release provided by your physician.
- Refunds or exchanges for classes due to summer school, vacations, etc are not granted. Please be sure to register for the correct time and level when signing up for classes.

#### **Photo Release:**

At times, the Hawthorne Cable Department or the Recreation & Community Services Department may visit during the various activities offered in the brochure for sole purpose of advertising the classes. If you do not want your child to be photographed or videotaped, please be sure to talk to your instructor.

#### **Park Permits & Fees**

Groups of 15 or more that wish to use a Hawthorne Park, must have a permit. Please be prepared to give the date and time of the activity, the portion of the park to be used, and the number of people in attendance. Please note that rented amusements, (i.e. bouncers, trains, trampolines, amplified music, etc.) are NOT permitted at any of the parks. You must request a park permit at least 1 week prior to the day of the event/activity! To find out more information or to book a park permit, please call the Recreation & Community Services Department.

#### Resident Groups

15-50 people \$21 51-100 people \$34 101 & over \$53

#### **Formal Picnic Areas:**

Memorial Park, Eucalyptus Park and Holly Park have formal picnic shelters. Memorial Park and



Eucalyptus Park have outlets, gas grills, sinks, and counter tops. There are no outlets or sinks at Holly Park. When booking the park, you must request usage of the covered shelter areas and check out a key. The fee is an additional \$19 - \$31 for use of the formal picnic area.

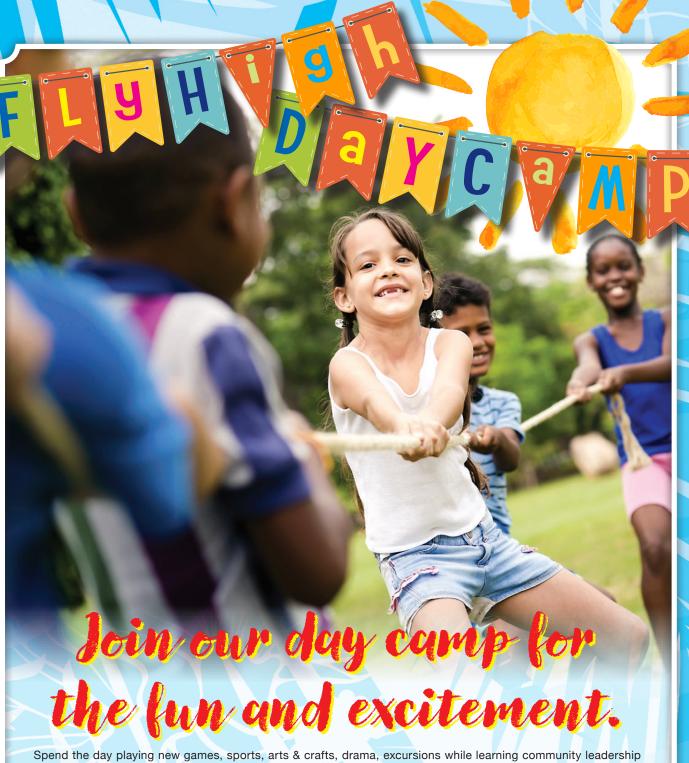
#### **Mountain Camping Facilities**

The City of Hawthorne makes available a 20-acre camp facility in the Angeles National Forest of the San Bernadino Mountains in Wrightwood. A two hour drive from Hawthorne, which can be reached without driving on any narrow, twisting mountain roads. Adjacent to Jackson Lake, a short drive from the Mountain High Ski Facility. This facility is available for rental for families or large groups. Enclosed cabins are used for sleeping areas, while cooking & dining is held in a main lodge area. Group provide there own transportation, food & bedding. Camp is available for use in year round. Maximum usage 100 persons. The New Journey Ministries Church operates the facility on the City's behalf. For reservations & fee information, please contact the New Journey Ministries Church at www.njmcamp.org.

The City of Hawthorne is committed to providing all individuals equal opportunity regardless of age, sex, race, national origin, religion, color, ancestry, marital status, sexual orientation, medical condition, physical or mental disability, or service as a military veteran.

# **Recreational Facilities**

Recreation & Community
Services Department 3901 W. El Segundo Blvd.
Betty Ainsworth Sports Center 3851 El Segundo Blvd.
Senior Citizens Center
Thorpe Building
Thorpe Castle
Bicentennial Park
<b>Eucalyptus Park</b>
<b>Eucalyptus Park Skate Plaza</b> 12100 S. Inglewood Ave.
Glasgow Park
<b>Holly Park</b>
Holly Glen Park
Memorial Park
<b>Ramona Park</b>
Jim Thorpe Park
Zela Davis Park
Hawthorne Pool12501 Inglewood Ave.
Good Neighbors Park



Spend the day playing new games, sports, arts & crafts, drama, excursions while learning community leadership and cultural diversity. This day camp is focused on enriching the lives of each participant and their families.

Bring a lunch, snack is provided.

Registration begins May 15, 2018. Limited space available.
Register at the Memorial Center front desk. Cash, check, credit card accepted. No American Express.

Checks will only be accepted 7 days prior to start of session.

Ages: 6-12

Location: Memorial Park | (310) 349-1640 | 3901 W. El Segundo Blvd., Hawthorne, CA 90250

Fee:

Day Camp - \$240 per session, 9:00 am-5:00 pm
Extended Day - \$25 per week, 7:00-9:00 am & 5:00-6:00 pm
Camp shirts can be purchased for \$10

**SESSIONS: MONDAY - FRIDAY** 

1: June 25 - July 6 (No Camp 7/4) | 2: July 9 - 20 | 3: July 23 - August 3

## **Ice Skating**

Ice skating class will teach you how to skate, be safe and enjoy this great pastime. Wear warm, flexible clothing and bring your mittens. Added value includes four public session passes, two guests passes and skate rental (\$73.50 value). Students will need to check in with CLASS CONFIRMATION at the first class. To sign up for the following classes at the Toyota Sports Center, pre-registration is required online or at the Hawthorne Memorial Center. Classes meet at 555 North Nash Street, just north of El Segundo Blvd. Call (310) 535-4510 for further directions. Parent participation required for Beach Babies on Ice classes.

Instructor: Toyota Sports Center staff Fee: \$67/4 classes Location: Toyota Sports Center

Beach Babies o	n Ice			
Class # 6000	2-3	May 5 - May 26	Sat	12:15-12:45 pm
Class # 6001	2-3	May 6 - May 27	Sun	10:50-11:20 am
Class # 6014	2-3	June 2 – June 23	Sat	12:15-12:45 pm
Class # 6015	2-3	June 3 – June 24	Sun	10:50-11:20 am
Class # 6026	2-3	July 7 – July 28	Sat	12:15-12:45 pm
Class # 6027	2-3	July 8 – July 29	Sun	10:50-11:20 am
Class # 6038	2-3	August 4 - August 25	Sat	12:15-12:45 pm
Class # 6039	2-3	August 5 - August 26	Sun	10:50-11:20 am
Ice Skating for	Tots			
Class # 6008	4-6	May 1 - May 22	Tue	4:00-4:30 pm
Class # 6009	4-6	May 5 - May 26	Sat	12:15-12:45 pm
Class # 6010	4-6	May 6 - May 27	Sun	10:20-10:50 am
Class # 6016	4-6	May 29 - June 19	Tue	4:00-4:30 pm
Class # 6017	4-6	June 2 - June 23	Sat	12:15-12:45 pm
Class # 6018	4-6	June 3 – June 24	Sun	10:20-10:50 am
Class # 6028	4-6	July 10 – July 31	Tue	4:00-4:30 pm
Class # 6029	4-6	July 7 – July 28	Sat	12:15-12:45 pm
Class # 6030	4-6	July 8 – July 29	Sun	10:20-10:50 am
Class # 6040	4-6	July 31 – August 21	Tue	4:00-4:30 pm
Class # 6041	4-6	August 4 – August 25	Sat	12:15-12:45 pm
Ice Skating for '	Youth			
Class # 6005	6-12	May 1 - May 22	Tue	4:30-5:00 pm
Class # 6013	6-12	May 5 - May 26	Sat	12:15-12:45 pm
Class # 6011	6-12	May 6 - May 27	Sun	10:20-10:50 am
Class # 6019	6-12	May 29 - June 19	Tue	4:30-5:00 pm
Class # 6021	6-12	June 2 – June 23	Sat	12:15-12:45 pm
Class # 6020	6-12	June 3 – June 24	Sun	10:20-10:50 am
Class # 6031	6-12	July 10 – July 31	Tue	4:30-5:00 pm
Class # 6032	6-12	July 7 – July 28	Sat	12:15-12:45 pm
Class # 6033	6-12	July 8 – July 29	Sun	10:20-10:50 am
Class # 6042	6-12	July 31 – August 21	Tue	4:30-5:00 pm
Class # 6043	6-12	August 4 – August 25	Sat	12:15-12:45 pm
Class # 6044	6-12	August 5 - August 26	Sun	10:20-10:50 am

## **Ice Hockey**

During the 4 weeks of instruction, your child will be introduced to ice hockey. They will be taught the basic safety and skating skills such as backward and forward skating, balance and edges. Protective equipment is recommended, but not provided. This class includes ice skate rental, four public sessions and two guest passes. Students will need to check in the first day of class with CLASS CONFIRMATION. To sign up for the following classes at the Toyota Sports Center, pre-registration is required online or at the Hawthorne Memorial Center. Classes meet at 555 North Nash Street, just north of El Segundo Blvd. Call (310) 535-4510 for further directions.

Instructor: Toyota Sports Center staff Fee: \$67/4 classes Location: Toyota Sports Center

#### Ice Hockey for Tots (Hockey Basics 6U)

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Class # 6002	4-6	May 5 - May 26	Sat	10:45-11:15 am	
Class # 6004	4-6	May 6 - May 27	Sun	10:50-11:20 am	
Class # 6022	4-6	June 2 - June 23	Sat	10:45-11:15 am	
Class # 6023	4-6	June 3 - June 24	Sun	10:50-11:20 am	
Class # 6034	4-6	July 7 – July 28	Sat	10:45-11:15 am	

Continued in next column >

Class # 6035	4-6	July 8 – July 29	Sun	10:50-11:20 am
Class # 6045	4-6	August 4 – August 25	Sat	10:45-11:15 am
Class # 6046	4-6	August 5 - August 26	Sun	10:50-11:20 am
Ice Hockey for	Youth (Ho	ckey Basics 14U)		
Class # 6012	6-12	May 5 - May 26	Sat	11:15-11:45 am
Class # 6007	6-12	May 6 - May 27	Sun	10:20-10:50 am
Class # 6025	6-12	June 2 – June 23	Sat	11:15-11:45 am
Class # 6024	6-12	June 3 – June 24	Sun	10:20-10:50 am
Class # 6036	6-12	July 7 – July 28	Sat	11:15-11:45 am
Class # 6037	6-12	July 8 – July 29	Sun	10:20-10:50 am
Class # 6048	6-12	August 4 - August 25	Sat	11:15-11:45 am
Class # 6047	6-12	August 5 - August 26	Sun	10:20-10:50 am

## Fantasia Dance Ensemble Jazz & Hip Hop Mix

Learn to be expressive, creative, and smooth through jazz lessons and hip hop enhancing self-expression, while learning moves that enhance body tone and stamina! Be sure to ask the instructor about the seasonal community recital as well!

Instructor: A Location: Sp				
Class # 5972	5-13	May 10 - June 28	Th	7:00-8:00 pm
Class # 5973	5-13	July 12 - August 30	Th	7:00-8:00 pm

# Fantasia Dance Ensemble Ballet & Tap Combo

Focus on poise, grace, balance, beauty of ballet and learn rhythm, pizzazz, and movements in tap. Members look forward to participation in the community recital as well as having fun!

Instructor: Alicia L. Fee: \$50/8 classes

Location: Sports Center, Dance Room

Class #	5968	5-12	May 10 - June 28	Th	6:00-6:55 pm
Class #	5969	5-12	July 12 - August 30	Th	6:00-6:55 pm
Class #	5966	2-5	May 12 - June 30	Sat	10:00-10:55 am
Class #	5967	2-5	July 7 - August 25	Sat	10:00-10:55 am
Class #	5970	6-13	May 12 - June 30	Sat	11:00-11:55 am
Class #	5971	6-13	July 7 - August 25	Sat	11:00-11:55 am





#### **Summer Baseball**

Proof of age (Birth Certificate) is required for all participants. This must be turned in during the time of registration. Fee includes officials, uniforms jersey, hat for players.

Fee: \$10 per player Location: Holly & Jim Thorpe Parks

<b>T-Ball</b> Class #5997	5-6	June 2 – August 11	TBA	TBA
5 Pitch Class #5998	7-8	June 2 – August 11	TBA	TBA

#### **Volunteer Coaches Needed!**

If you are interested in being a volunteer coach, please fill out a Coach's Volunteer Application. Applications are available at the Hawthorne Memorial Center. All volunteers are required to be fingerprinted before the season starts. Please join us in helping the kids in our community learn, enjoy and appreciate the game of baseball.

#### **School of Safety Awareness**

Children (ages 5-15) learn how to communicate and defend themselves in real life situations involving Stranger Abduction and Bully Intimidation. Escape techniques are learned to defend against being grabbed and communication skills are used to diffuse problems. Safety information is discussed each week. This program focuses on safety awareness, self-defense & discipline, not aggressiveness. All classes are taught in a fun, yet structured environment. Please arrive 20 minutes prior to 5:30 pm. For additional information please call (310) 223-6899.

Instructor: Sensei Bob Registration Fee: \$10 per person Fee: \$7 weekly Location: Memorial Center

New Students

Class # 5999 5-15 June 6 - September 5 W 5:30-6:10 pm

## **SuperKids Gymnastics Exploration**

Cartwheels, rolls of all kinds, stunts on bar, vaulting and balance beam skills are taught in this fun class! Enhances balance, flexibility, and confidence. SuperKids Gymnastics builds coordination and confidence. Attire: Leggings and T skirt, or leotard (for girls). We go barefoot in class. Long hair must be tied up. Parents are asked to sit in waiting area outside of the class



while it is in session. On the last day, parents, relatives, and friends are invited inside to see our end of session performance class. *No class 5/28.* 

SuperKids Office: (310) 378-4800 www.superkidsfun.com Online registration available https://apm.activecommunities.com/ hawthornerecreation

Instructor: SuperKids staff Fee: \$100/8 classes

Location: Sports Center, Aerobics Room

Class # 5989	3-5	May 7 – July 2	М	4:30-5:20 pm
Class # 5990	3-5	July 9 - August 27	M	4:30-5:20 pm
Class # 5981	3-5	May 12 - June 30	Sat	10:30-11:20 am
Class # 5982	3-5	July 7 - August 25	Sat	10:30-11:20 am
Class # 5983	5-8	May 12 - June 30	Sat	11:30 am-12:20 pm
Class # 5984	5-8	July 7 - August 25	Sat	11:30 am-12:20 pm

## **SuperKids Fun & Fit Gymnastics Level 1**

For Beginning/Intermediate level students. Class starts with fun aerobic exercises to music as well as exercises to build strength and flexibility. We group children by ability and teach basic tumbling skills such as cartwheels, round offs, rolls, handstands, front and back walkovers (when ready) We also teach skills on bar, balance beam, spring board, and vault. SuperKids Gymnastics builds coordination and confidence! Attire: Leggings and T skirt, or leotard (for girls). We go barefoot in class. Long hair must be tied up. Parents are asked to sit in waiting area outside of the class while it is in session. On the last day, parents, relatives, and friends are invited inside to see our end of session performance class. *No class 5/28*.

SuperKids Office: (310) 378-4800 www.superkidsfun.com

Online registration available https://apm.activecommunities.com/hawthornerecreation

Instructor: SuperKids staff Fee: \$100/8 classes

Location: Sports Center, Aerobics Room

Class # 5987 5-11 May 7 – July 2 M 5:30-6:20 pm Class # 5988 5-11 July 9 – August 27 M 5:30-6:20 pm

## **SuperKids Fun & Fit Gymnastics Level 2**

Pre-requisite: Your child must know how to do a cartwheel and have completed at least one session of Level 1 or the equivalent. Class starts with fun aerobic exercises to music as well as exercises to build strength and flexibility. We group children by ability and teach basic tumbling skills such as cartwheels, round offs, rolls, handstands, front and back walkovers (when ready). We also teach skills on bar, balance beam, spring board, and vault. SuperKids Gymnastics builds coordination and confidence! Attire: Leggings and T skirt, or leotard (for girls). We go barefoot in class. Long hair must be tied up. Parents are asked to sit in waiting area outside of the class while it is in session. On the last day, parents, relatives, and friends are invited inside to see our end of session performance class.

SuperKids Office: (310) 378-4800 www.superkidsfun.com Online registration available https://apm.activecommunities.com/ hawthornerecreation

Instructor: SuperKids staff Fee: \$100/8 classes

Location: Sports Center, Aerobics Room

Class # 5985 8-11 May 12 - June 30 Sat 12:30-1:20 pm Class # 5986 8-11 July 7 - August 25 Sat 12:30-1:20 pm

## **SuperKids Ballet and Tap Combo**

Ballet enhances grace and flexibility; tap enhances rhythm awareness and showmanship. Fun music, combinations, and traveling across the floor. Parents are not allowed in dance room until the last class of the session.

SuperKids Office: (310) 378-4800 www.superkidsfun.com Online registration available https://apm.activecommunities.com/ hawthornerecreation

Instructor: SuperKids staff Fee: \$100/8 classes

Location: Sports Center, Dance Room

Class # 5991 4-8 May 8 – June 26 T 5:45-6:30 pm Class # 5992 4-8 July 3 – August 21 T 5:45-6:30 pm

# Superkids Hip Hop Dance Party

Fun, joyful, big movement! We use kid-friendly music with a strong beat. Class features basic steps and combina-



tions, follow-the-leader style. Hip Hop develops body awareness, balance, coordination, and is just plain fun! Both boys and girls LOVE Hip Hop! Attire: Comfortable clothing and sneakers. Parents are not allowed in dance room until the last class of the session. No class 5/28.

SuperKids Office: (310) 378-4800 www.superkidsfun.com
Online registration available https://apm.activecommunities.com/
hawthornerecreation

Instructor: SuperKids staff

Fee: \$100/8 classes

Location: Sports Center, Dance Room

Class # 5993	4-8	May 8 - June 26	Τ	6:45-7:30 pm
Class # 5994	4-8	July 3 – August 21	Τ	6:45-7:30 pm
Class # 5995	8-11	May 7 – July 2	М	6:45-7:30 pm
Class # 5996	8-11	July 9 - August 27	M	6:45-7:30 pm

# Tennis Lessons Kids of the LA84 Foundation SCTA/NJTL (National Junior Tennis League)



The primary purpose of this program, with the help of many individuals and friends of the LA84 Foundation, is to provide an atmosphere in which Juniors can gain tennis experience and growth. The program features instruction with an emphasis on competition and sportsmanship. The Southern California Tennis Association is one of 17 sections on the United States Tennis Association.

Each student will receive a free t-shirt, 24 hours of tennis instruction, the chance to qualify for further tennis instruction scholarships, various special activities

with awarded prizes, and have opportunities to attend professional tennis tournaments. Tennis rackets will be provided for the class.

Instructor: Queen Jones, USPTA Developmental Coach Fee: \$10 Location: Holly Glen Park, Tennis Courts

Class # 5978 8-17 June 25 - August 1 M/W 3:30-5:30 pm

# YOUTH BASKETBALL LEAGUE

for Boys and Girls ages 6-15

**Registration Dates:** April 3 – May 31 (or until league is full). Birth certificate is **REQUIRED** at the time of registration.

**Betty Ainsworth Sports Center:** (310) 349-1655 3851 W. El Segundo Blvd. Hawthorne 90250

For more information please call (310) 349-1640.





# YOUTH SUMMER SPORTS CLINICS 2018

City of Hawthorne Recreation and Community Services Department (310) 349-1640.

Join us for an exciting summer of sports clinics, including Basketball, Volleyball and Soccer. Coaches will teach basic skills and fundamentals, while participants learn the rules of the game and experience new drills to bring their game to the next level. Qualified coaches will make the clinics both informative and fun by incorporating drills, exercises, and games. Sign up now at the Betty Ainsworth Sports Center! (310) 349-1640



#	Dates	Ages	Fee	Times		
1	TIP OFF: INTR	ODUCTIO	N TO BAS	SKETBALL		
	6/25 - 6/29	6-10	\$40	8:00 am-12:00 pm		
2	GOAL TIME: C	OMPETIT	IVE SOCO	CER SKILLS		
	7/2 - 7/6	6-12	\$35	8:00 am-12:00 pm		
3	JUMP BALL: E	BASKETBA	ALL FUND	DAMENTALS		
	7/9 - 7/13	8-15	\$40	8:00 am-12:00 pm		
4	READY, SET, S	ERVE: IN	TRO INTO	VOLLEYBALL		
	7/16 - 7/20	8-11	\$40	8:00 am-12:00 pm		
5	WORLD CUP:	INTERME	DIATE SO	CCER TRAINING		
	7/23 - 7/27	10-15	\$40	8:00 am-12:00 pm		
6	1-ON-1: BECO	ME A COI	MPLETE E	BASKETBALL PLAYER		
	7/30 - 8/3	6-12	\$40	8:00 am-12:00 pm		
7	GAME TIME: ADVANCED BASKETBALL TRAINING					
	8/6 - 8/10	10-15	\$40	8:00 am-12:00 pm		
8	SPIKE IT: COM	IPETITIVE	VOLLEY	BALL SKILLS		
	8/13 - 8/17	12-15	\$40	8:00 am-12:00 pm		

#### SPORTS CLINIC INFORMATION:

- Register at the Parks and Recreation facilities: 3851 W. El Segundo Blvd. Hawthorne 90250 3901 W. El Segundo Blvd. Hawthorne 90250
- Registration requires parent permission form
- All forms of payment accepted at Memorial Center. Sports Center cash or check ONLY.
- Clinics are for boys and girls. Each participant will receive a Hawthorne Youth Sports T-shirt.
- All participants must wear court shoes.
- Registration begins May 8, 2018 (space is limited!)
- For more information call:
  - □ Betty Ainsworth Sports Center at (310) 349-1655.
  - □ Recreation Department at (310) 349-1640.



#### **Folklore Dance**

Step by step class instruction learning the beautiful steps and creative movements while exploring the background and history of the Mexican Folk Dance. Instructor provides instruction in both English and Spanish.

Instructor: Eleazar R. Fee: \$65/16 classes Location: Sports Center, Dance Room

Beginner

Class # 5974 10-Adults May 9 – June 29 W/F 6:30-7:20 pm Class # 5975 10-Adults July 11 – August 31 W/F 6:30-7:20 pm



#### **Advanced Mexican Folklore**

Join the intermediate or advanced classes and indulge in the beautiful form of Mexican Folklore dance that you love so much. This class is a great opportunity to build upon the skills you may already have or give you a great challenge to learn new routines. Many opportunities to perform as well!

Instructor: Eleazar R. Fee: \$65/16 classes

Location: Sports Center, Dance Room

Intermediate

micominoana				
Class #5976	10-Adults	May 9 - June 29	W/F	7:30-8:30 pm
Class #5977	10-Adults	July 11 - August 31	W/F	7:30-8:30 pm
Advanced				
Class #5958	10-Adults	May 9 - June 29	W/F	8:30-9:45 pm
Class #5959	10-Adults	July 11 - August 31	W/F	8:30-9:45 pm

#### **Aerotone**

This class is a no-nonsense fat burning aerobics program filled with high and low impact exercises with a variety of uncomplicated dance steps. Includes a variety of aerobics and a toning workout, with a little of everything: marches, lunges, kicks, knee lifts, and some African dance steps! Light dumb-bell or rubber band routines for shaping the upper body, and a lot of aerobics for burning the fat. Lots of fun while getting closer to toning those bodies! Mix and match 4 classes with a pass for \$25.

Instructor: LA Latin Aerobics staff Fee: \$60/16 classes

Location: Sports Center, Fitness Room

Class #5960 12-Adults May 8 - June 28 T/Th 6:00-7:00 pm Class #5961 12-Adults July 3 - August 23 T/Th 6:00-7:00 pm

## **Cardiokickboxing & Powertone**

A total body workout that blends your own strength with the arts of self defense, dance, boxing, and aerobics. A high calorie burner that introduces you to more than just the basics. Burn calories, tone your body, and learn the technique behind the workout. **Mix and match 4 classes with a pass for \$25.** 

Instructor: LA Latin Aerobics staff Fee: \$60/16 classes Location: Sports Center, Fitness Room

Class #5962 12-Adults May 7 - June 27 M/W 6:30-7:30 pm Class #5963 12-Adults July 2 - August 22 M/W 6:30-7:30 pm

## **Yoga & Pilates**

Yoga is a stretching and healing workout and Pilate's is a core strength workout. This exercise is good for your flexibility and abs. We put Yoga and Pilates together using the best body sculpting moves from each method. You will feel the results in your core, arms, legs and back. Yoga & Pilates Combo is an easy fun and safe way to start your journey towards good health and well being.

Instructor: LA Latin Aerobics Fee: \$40/8 classes Location: Sports Center, Fitness Room

Class #5979 12-Adults May 10 - June 28 Th 7:00-8:00 pm Class #5980 12-Adults July 5 - August 23 Th 7:00-8:00 pm



## **Strength & Step**

Strength & Step is a full workout that gets both your cardio and strength training at once. This 60 minute workout uses a combination of cardio step and strength exercises for both the upper and lower body. This class will combine basic stepping cardio combinations and weight plate exercises for a full body workout. The instructor coaches you through the workout. We play invigorating hit music and inject fun and personality along the way. Come out and enjoy!!!

Instructor: LA Latin Aerobics Fee: \$40/8 classes Location: Sports Center, Fitness Room

Class #5964 12-Adults May 8 - June 26 T 7:00-8:00 pm Class #5965 12-Adults July 3 - August 21 T 7:00-8:00 pm



## BETTY AINSWORTH SPORTS CENTER OPEN PLAY HOURS

3851 W. El Segundo Blvd. (310) 349-1655

#### Basketball:

Monday - Friday, 3 pm-5 pm Saturday, 8 am-3 pm

#### Volleyball:

Every Friday, 6 pm-10 pm Adults (18 and over): \$1; Youth (17 and under): \$0.50

#### Racquetball:

Monday - Friday, 3 pm-9 pm Saturday, 8 am-3 pm Fee: \$6/hour

(Schedule subject to change!)

## ADULT BASKETBALL LEAGUE

Games will be played on Sunday evenings beginning at 3 pm at the Betty Ainsworth Sports Center (3851 W. El Segundo Blvd.)

First come first serve.

Fee: \$350 per team + \$30 referee fees.

League Fees must be paid in full when signing up.

For more information please call: (310) 349-1655 or (310) 349-1640.



# Online Registration Available

https://apm.activecommunities .com/hawthornerecreation



SPORTS CENTER



#### **CITY HALL DEPARTMENTS**

Airport		(310)	349	9-1	635
Building & Safety		(310)	349	9-2	990
Business License		(310)	349	9-2	935
Cable TV (Channel 22)		(310)	349	9-1	630
Code Enforcement		(310)	349	9-2	945
City Attorney		(310)	349	9-2	960
City Clerk		(310)	349	9-2	915
City Hall (Information)		(310)	349	9-2	900
City Manager		(310)	349	9-2	910
City Finance		(310)	349	9-2	920
Graffiti Removal		(310)	349	9-1	632
Housing		(310)	349	9-1	600
Human Resources					
Job Hotline		(310)	349	9-1	633
Mayor & City Council		(310)	349	9-2	908
Planning/Community Development		(310)	349	9-2	970
Police Department		(310)	349	9-2	700
Public Information		(310)	349	9-2	902
Recreation & Community Services		(310)	349	9-1	640
Hawthorne Senior Center		(310)	349	9-1	650
Inglewood Senior Center		(310)	41	2-5	338
Sports Center		(310)	349	9-1	655
Street Maintenance		(310)	349	9-1	660
Tree Trimming		(310)	349	9-1	664

#### **COMMUNITY SERVICES**

Allied Waste (888) 742-5234
AT&T
Animal Control/Licensing
Animal Complaints/Pick-up (310) 675-4443
California Water Service
Chamber of Commerce(310) 676-1163
Dial-A-Ride
Health Department
LA County Alondra Park
LA County Bodger Park
LA County Del Aire Park
MTA Transit (800) 266-6883
MTA Bus Pass Card reloading(310) 349-1640
Shopping Carts
So. Calif. Edison
So. Calif. Gas Co
So. Calif. Water Co(800) 758-6790
Street Light Problems (800) 655-4555
Traffic Signal Lights
Time Warner Cable (800) 892-4357
Union Pacific Rail Road(800) 767-3884

# NEIGHBORING LOS ANGELES COUNTY PARKS

Alondra Park	217-	-8366
Bodger Park	676-	-2085
Del Aire Park	643-	-4976

# **SCHOOLS & LIBRARIES**

Hawthorne School	ol District	 	(310) 676-2276
Wiseburn School	District	 	(310) 643-3025
Centinela Valley A	dult School.	 	(310) 263-3200
Hawthorne High S	School	 	(310) 263-4400
Leuzinger High So	chool	 	(310) 263-2200
Hawthorne Library	y	 	(310) 679-8193
Wiseburn Library		 	(310) 643-8880

#### **COMMUNITY ORGANIZATIONS**

American Youth Soccer Organization (310) 643-6455
Boys & Girls Club - Carson
Boy Scouts of America (213) 413-4400
District 37 Little League
Gardena YMCA
Girls Scouts Council
Holly Park Little League(424) 901-3313
Little Co. of Mary Home Health(310) 543-3450
Torrance Memorial Home Health (310) 784-3739
Senior Employment (SER)
Home Delivery Meals(310) 412-4380
South Bay Youth Service Center (310) 549-7311
Teen Challenge
Teen Hotline (24 hr. Hotline)(800) 448-3000
Tri Park Little League(310) 675-1609
Wiseburn Little League
Volunteer Opportunities
Information & Assistance
LA County Area on Aging (800) 510-2020
Elder Abuse Hotline
Alzheimer's Association (800) 272-3900
Elder Care Locator
Center for Health Care Rights (800) 824-0780
Hawthorne Historical Society(310) 616-3277
Parks & Recreation Foundation (310) 643-9157

# City of Hawthorne

#### **CITY HALL**

4455 W. 126<sup>th</sup> Street, Hawthorne, CA 90250 www.cityofhawthorne.com (310) 349-2900

# RECREATION & COMMUNITY SERVICES

3901 W. El Segundo Blvd. www.cityofhawthorne.org/ parks-and-recs-home-page (310) 349-1640

# HAWTHORNE POOL



Hawthorne Pool is an outdoor heated pool. Locker rooms have heated showers. Swim attire is required. No t-shirts, shorts, tank top or street clothes allowed. Take advantage of this great facility and make swimming a daily part of your life!

Hawthorne Pool is located at 12501 W. Inglewood Ave. (north of El Segundo Blvd.)

For more information call: (310) 970-7228.

# LAP SWIMMING



Participants must be 17 years or older. Participants swim under the supervision of a lifeguard. No instruction is provided. All levels are welcome.

Cost: \$4/per person 17+

\$2/seniors 55+

Passes: \$27/15 passes for seniors 55+

\$33/15 passes \$71/35 passes

Monday - Wednesday / Friday: 6-9 am

Monday - Friday: 12-1 pm, 3-5 pm

Saturday - Sunday: 9 am-1 pm (limited 2 lanes)

# h20 AEROBICS

Water Aerobics is offered for adults (17 years and up) of all ages that are interested in enhancing their cardiovascular output while having fun in the water. Workouts are varied daily using noodles, weights, and water resistance.

Cost: \$4/per person

\$2/seniors 55+

Passes: \$47/15 passes

\$24/15 passes for seniors 55+

Starts: June 25 - August 17

Monday - Friday 8-9 am, 6-7 pm Saturday - Sunday 9-10 am

# SOUTH-BAYSWIM TEAM



#### **Youth and Adult Swim Teams**

South Bay Swim Team offers coached swim workouts in a team environment for both youth and adult swimmers at the Hawthorne Pool.

**Kids/Age Group:** Take the opportunity to improve swimming skills beyond the basic training in swim schools and lessons. If you love to swim and are ready to take it to the next level, please join us for a fun and challenging swim experience. Get fit, improve technique, get ready for swim meets, and have fun!

Adults/Masters: Adult swimmers of all ages and skill level are welcome – recreation & fitness swimmers, triathletes, competitive pool and ocean swimmers, who want to improve their fitness through swimming.

South Bay Swim Team Members have the opportunity to learn stroke techniques, conditioning, teamwork, competitive strategies, cooperation, goal-setting, and the benefits of dedication & hard work.

For more information contact Coach Kathy Gore: www.SouthBaySwimTeam.org or SouthBaySwimTeam@socal.rr.com

# SWIM CLASSES

All classes listed below run Monday - Friday for two weeks. The first day of class is used to re-test students into the appropriate instructional level. No classes on July 4.

Saturday classes meet for 10 week sessions every Saturday, starting June 23 – August 25. The same will be covered at a faster pace.



#### Session dates:

Monday - Friday: June 25 - June 6

July 9 - July 20 July 23 - August 3 August 6 - August 17

Saturday Class: June 23 - August 25

#### **Monday - Friday Classes:**

 Parent & Infant
 30 min.
 \$42

 11:30 am, 12 pm or 5 pm
 5 pm

 Tiny Tots (4-6 years)
 30 min.
 \$42

 9 am, 9:30 am, 10 am, 10:30 am, 11 am, 3 pm, 3:30 pm, 4 pm, 4:30 pm, 5:30 pm, 6 pm
 5 pm

Beginners (7 years-Up) 50 min. \$50 9 am, 10 am, 11 am, 12 pm, 3 pm, 4 pm, 5 pm

**Advanced Beginners 50 min.** \$50 9 am, 10 am, 11 am, 3 pm, 4 pm

Intermediate 50 min. \$50

9 am, 10 am, 11 am, 3 pm, 4 pm

Youth Swimmers 50 min. \$50

Adult Beginners 50 min. \$5

## **Saturday Classes:**

Parent & Infant 11:30 am or 12 pm

Tiny Tots (4-6 years) 30 min. \$42
9 am, 9:30 am, 10 am, 10:30 am, 11 am

Beginners (7 years-Up) 50 min. \$50
9 am, 10 am, 11 am

Adult Beginners 50 min. \$50

**How to Register** 

9 am

- 1. Select a Session, Class, and Time
- Register at the Memorial Center (3901 W. El Segundo Blvd.)
   May 15-June 15 cash, check, credit card.
   Beginning June 16, register at the pool-cash or checks only.
   Checks will only be accepted 7 days prior to start of class.
   Pool Address: 12501 Inglewood Avenue.
- 3. Be sure to retain your receipt; there are no refunds or exchanges.

# RECREATION AC SWIM

Cost: \$1/per person (17 years and Under)

\$2/per person (18+)

Special: Family day on Sundays,

1 free child with 1 paid adult

Everyone must pay. Both swimmers and non-swimmers.

Dates:June 25 - August 17Monday - Friday:1-3 pmSaturday - Sunday:1-4 pm

Dates: August 18 - August 26

Monday - Sunday: 1-4 pm



# DIVING

A two week course for you that have passed Level 3 swimming and want to learn basic diving techniques.

Cost: \$50/10 classes

Monday - Friday: June 25 - July 6 11 am Monday - Friday: July 9 - July 20 11 am Monday - Friday: July 23 - August 3 11 am Monday - Friday: August 6 - August 17 11 am

# JUNIOR LIFEGUARD PROGRAM

Ages 11-14. Must be able swim 200 yards or pass intermediate swim class.

Cost: \$160 per session (T-shirt included)

Monday - Friday: June 25 - July 20 11 am - 1 pm Monday - Friday: July 23 - Aug. 17 11 am - 1 pm

# **Hawthorne Senior Center**

The Place Where Fun Begins!

The Hawthorne Senior Center is located directly behind the Hawthorne Memorial Center at 3901 El Segundo Boulevard, Hawthorne Parking in the rear. Entrance on Prairie Avenue. (310) 349-1650

Hours of operation are Mondays through Fridays from 9:00 am to 4:00 pm.

### **Senior Center Benefits**

If you are at least 55 years old and looking for something new in your life, you should come to the Hawthorne Senior Center. The Hawthorne Senior Center offers a wide variety of programs and activities. Regular programs include dances, field trips, billiards, bingo, health & fitness classes, computer room, sewing, knitting, crafts, movies, and a variety of other programs. Coming soon: wii, ping pong, karaoke much more. The Hawthorne Senior Center also serves lunch (60+ years) everyday at noon so if your interested stop by and inquire.



# **AARP Driving Class**

Once you make your appointment, you attend a 2 day course. After completing the class, you will receive a CA DMV certificate which will qualify you for a discount on auto insurance with a good driving record. Be sure to come in or call (310) 349-1650 for an appointment.

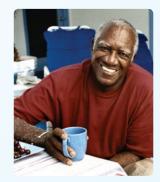
#### **Hawthorne Gad-A-Bouts**

The **Gad-A-Bouts** meet each Friday from 9:00 am to 12:00 noon in the Hawthorne Memorial Center Polaris Room. Membership is \$3 per year. **Birthdays** are celebrated the first Friday of each month with a cake. Anyone interested can also play **bingo** the first Friday of the month as well. Players are to bring a gift that is not less than \$1. **Cards** are played each week for those who enjoy this activity. **Board meetings** are held every other month; usually on the third Friday of the month.

# SENIORS

# **Bet Tzedek Legal Services**

By appointment only! FREE legal services are available to you! You must call in advance to make sure you can be seen! Call: the Senior Center at (310) 349-1650!



## **Nutrition Program**

Lunch is served Monday - Friday at 12:00 noon in the Hawthorne Senior Center. The project is funded in part by the LA County Area on Aging of 1965. You must come into the Senior Center to register for the lunch program. A suggested \$2 donation for seniors is appreciated but not mandatory!

# **Dial-A-Ride Transportation**

Dial-a-ride is for persons 62 years of age or disabled. Tokens may be purchased at the Memorial Center after you have registered in the Senior Center and received your ID card! Transportation is available M-F 8:30 am-5:30 pm. Call (310) 965-8848 for reservation pick-up at least 24 hours in advance!

#### **Braille Institute**

Braille Institute's community outreach program is designed to help the blind and visually impaired people to live with dignity in a sighted world. These community-based programs are located conveniently throughout Los Angeles County and offered free of charge. For information about class registration, counseling, visual aids, adaptive technology and other services provided by Braille Institute, please call: (323) 663-1111 ext. 1252.

# **Community Gardens**

The Recreation & Community Services Department also sponsor a Community Garden at 120<sup>th</sup> & Grevillea Ave. The City owned land has been converted in 18 garden plots. 20'X10' each. The plots are leased on a first come,



first serve basis for a one year period. The cost is \$33 per year. Each gardener is responsible for the upkeep of their own plot. For more information and availability call (310) 349-1640.

# **HAVE AN EMAIL ADDRESS?**

Call the senior center to have it added to our contact group. Receive a weekly agenda of what's happening in the senior center and the quarterly newsletter also.

# SENIOR CENTER OFFERINGS

- > Billiard Room open 9 am 4 pm Monday Friday
- Computer Room open 9 am 4 pm, instructor led basic computer skills class on Wednesdays from 1 pm 2:30 pm, Monday Friday 5 computers with a printer for your use
- Sewing Room open 9 am 4 pm Monday Friday, 6 new sewing machines for your use, material, and knitting/crocheting supplies donated frequently for your use also. Not instructor led.



## **Classes Offered**

- > Tai Chi: Wednesdays from 10 am 11 am (free)
- > Line Dance: Thursdays from 9:30 am 11 am (free)
- > Zumba: 10 am 11 am, one day a month, check senior newsletter
- > Yoga: 11 am noon, one day a month, check senior newsletter
- ➤ Bingo: Tuesdays and Thursdays 1 pm 2 pm. Fifty cent per card played, everyone brings in a gift for the game.

# Hawthorne Senior Center's **SPECIAL EVENTS**

#### MAY:

#### **MOTHERS DAY CELEBRATION**

Friday the 11<sup>th</sup>, Refreshments will be served. Mariachi band 1 - 2 pm & DJ with dancing 2 - 4 pm.

#### **DISNEYLAND DOWNTOWN**

Tuesday the 15th, 9:30 am - 4 pm.

#### **EXERCISE & NUTRITION CLASS**

Mondays the 14th & 21st, 10 - 11 am.

#### JUNE:

#### **FATHERS DAY LUNCHEON**

Friday the 15<sup>th</sup>, We'll have hotdog and hamburger lunch.



Photo: Patrick Pelletier https://commons.wikimedia.org/wiki/File:Downtown\_Disney\_2014\_

#### **EXERCISE & NUTRITION CLASS**

Mondays the 4<sup>th</sup> & 11<sup>th</sup>, 10 - 11 am.

#### JULY:

**SKIRBALL** Tuesday the 4<sup>th</sup>, 9 am - 4 pm.

# AUGUST:

#### **LUAU DANCE**

Friday the 24<sup>th</sup>, Refreshments will be served. 1 - 4 pm.

Senior Center closed: May 28; July 4; 2018



For more information regarding upcoming events please call the Hawthorne Senior Center (310) 349-1650.

# **VOLUNTEERS NEEDED!**

# GIVE A HELPING HAND!

We need your support! The Hawthorne Senior Center is run by a very small staff and a handful of volunteers. If you would like to give back to your community and feel you have an interest in working with seniors, please contact the Senior Center to find out



how you can assist! We are always looking for help with the nutrition program, computer lab, and special events. Call (310) 349-1650 for more information!

# **Important Phone Numbers**

Hawthorne Senior Center
Inglewood Senior Center
South Bay Senior Services
Little Co. of Mary Home Health
Torrance Memorial Home Health
Housing
Senior Employment (SER)
Home Delivered Meals
MTA Bus Passes
Dial-A-Ride Transportation
Volunteer Opportunities
Information & Assistance
LA County Area on Aging
Elder Abuse Hotline
Employment Programs
Alzheimer's Association
Elder Care Locator
Center for Health Care Rights



PRSRT STD U.S. POSTAGE PAID

PERMIT # 288 ANAHEIM, CA

**ECRWSS** 

RESIDENTIAL CUSTOMER

The wading pools will be open Monday-Friday @ 10 am.

# Summer 2018 PARK PROGRAMS

Take part in recreational games, team sports, arts & crafts, all while making new friends! Recreation leaders provide kids with safe and fun park activities. Park Programs are a drop in program only. Participants are free to come and go as they please.

All children 7 years and younger must be accompanied by an adult. Check in at the ballrooms to meet your Hawthorne staff!

Call (310) 349-1640 for more information!

#### THE PARKS ARE STAFFED:

Monday - Friday 9:00 am - 4:00 pm Starting June 25 through August 17, 2018 Closed on July 4, 2018

#### LOCATION

Eucalyptus Park Holly Park Holly Glen Park Jim Thorpe Park Memorial Park Ramona Park

PARKS

Inglewood Avenue & 123rd Street
120th Street (East of Van Ness)
137th Street & Glasgow Place
139th Street & Prairie Avenue
El Segundo Boulevard & Praire Avenue
Ramona Avenue & 136th Street